

HA 'Shabbaton 5783'
 Shabbat Noach - October 28-30
 Base de Plein Air Noam

SCHEDULE

Thursday, October 27

1:00pm	Mincha at HA
1:30pm	Seniors leave HA
4:30pm	Welcome and Team Building Activities
6:00pm	Dinner
7:30pm	Learning Program
9:00pm	Arvit
9:15pm	Preparations for Shabbat
10:30pm	NIGHT ACTIVITY

Friday, October 28 at HA

7:55am	Tefila, breakfast
9:30am	Buses leave HA with Grade 9 & 10

Friday, October 28 at Base de Plein Air Noam

8:45am	Tefila
9:30am	Breakfast
10:00	Learning
11:00am	Preparations for Shabbat and arrival of grades 9-10
12:00pm	Welcome Program and Activity
1:00pm	Lunch
2:00pm	Shabbat preparations
4:30pm	Pre-Shabbat school picture
4:45pm	Pre-Shabbat Musical Warm Up with Yo Aisenstark
5:29pm	Candle lighting
5:20pm	Mincha / Kabbalat Shabbat / Arvit
6:45pm	Dinner
8:00pm	Choose Your Own Learning Adventure
10:00pm	Tisch

Saturday, October 29

8:15am	Optional pre-Tefila shiur
8:45am	Wake-up
9:15am	Shacharit & Kriat HaTorah
11:30am	Kiddush
12:00pm	Discussion groups with Alumni
1:00pm	Lunch

2:00pm	Mincha
2:30pm	Menucha
5:00pm	Seudah Shlishit
5:30pm	Slow shira, Maariv and Havdalah (after 6:32pm)
6:45pm	Motzei Shabbat Concert with Yo Aisenstark
8:30pm	ACTIVITY
9:30pm	melave Malka Dinner
10:30pm	Bonfire
12:00am	Pack up and Good night!

Sunday, October 30

8:15am	Wake up
8:45am	Shacharit
9:30am	Breakfast
10:00am	Clean, pack and load buses
12:30pm	Arrival at HA

HA Shabbaton Packing List

Health Card

Boys - Tzizit, Tefillin

Girls and Boys - Siddur

Comfortable clothing for activities

Clothing for Shabbat

Clothing for lounging

Sweaters, jacket, gloves, hats, warm clothing, etc. (check the forecast before packing!)

Pajamas

Toiletries (e.g. toothbrush, toothpaste, deodorant, shampoo, soap, etc)

Pillow, Linen/Sleeping Bag (optional)

Towel

Shoes for Shabbat, showering, activities

Snacks (optional and NUT FREE)

*****Students are expected to dress appropriately in honour of Shabbat as well as in line with HA tzniut policies.**